



IMPORTANT INFORMATION ABOUT CHANGES TO YOUR HEALTH BENEFITS

PLEASE READ THIS INSERT CAREFULLY

This document contains revisions to the booklet describing benefits covered by FirstCarolinaCare Insurance Company required by recent legislative changes. Please pay attention to the effective date information included.

This document should be kept with your current Certificate of Coverage and Schedule of Medical Benefits. In the event of any conflict between the terms of this document and the Certificate of Coverage and Schedule of Medical Benefits, this document will control.

Women's Preventive Care covered at 100% beginning on or after **8/1/2012**

(Benefits below apply to services provided by an In-Network Provider and must be billed with a primary diagnosis of preventive, screening, counseling or wellness)

The following contraceptive methods will be covered at 100% for women with reproductive capacity only when a prescription is required∗:

- Cervical Caps
- Diaphragms
- Implantable Rods
- IUDs
- Medroxyprogesterone 150mg injection (generic only)
- Generic Oral Contraceptives Only∗∗ – Brand Oral Contraceptives will continue to require member cost sharing per benefit plan (copay, deductible, and/or coinsurance)
- Ortho Evra® Patch∗∗
- NuvaRing®∗∗

- Surgical sterilization is a covered benefit for women with reproductive capacity; however, hysterectomies are excluded as they are not performed primarily for sterilization.

The following screenings, preventive care and counseling services are covered at 100%:

- Annual wellness preventive visit for adult women. (Additional visit if physician determines more than one visit is required to provide the recommended preventive services)
- Annual screening and counseling for interpersonal and domestic violence for women
- Breastfeeding support and counseling for pregnant and postpartum women
- Breastfeeding supplies for pregnant and postpartum women as below:
 - ❖ One electric or manual breast pump per pregnancy is covered if purchased from a participating durable medical equipment provider. (Hospital grade pumps are excluded and not covered).

- Gestational diabetes screening for women 24 to 28 weeks pregnant and those at high risk of developing gestational diabetes
- Human papilloma virus (HPV) DNA testing for women 30 or older every three years
- Annual HIV screening and counseling for sexually active women
- Counseling on sexually transmitted infections (STIs) for women who are sexually active.
- Education and counseling on contraceptive methods and sterilization procedures for women with reproductive capacity.

∗Group health plans sponsored by certain religious employers, and group health insurance coverage in connection with such plans, are exempt from the requirement to cover contraceptive services.

∗∗ Only applicable for a 30 day supply