



Osteoporosis Management in Women Who Had a Fracture Tip Sheet

What is the CMS Star Rating Program?

CMS uses a five-star quality rating system to measure the experiences Medicare beneficiaries have with their health plan and health care system – the Star Rating Program. Health plans are rated on a scale of 1 to 5 stars, with 5 being the highest. These ratings are then published on the Medicare Plan Finder at medicare.gov to help consumers compare health plans more easily.

Measure Description

Weight: 1

Percent of female plan members who broke a bone and got screening or treatment for osteoporosis within 6 months.

Measure Source

- Chart Review & Claims.
- 1/1 – 12/31.

Stars/Quality Specifications

The percentage of MA women enrollees 65-85 who suffered a fracture and who had either a bone mineral density (BMD) test or prescription for a drug to treat osteoporosis in the six months after the fracture.

Best Practice/Call to Action

- Upon notification of patient fracture, please order a DEXA (BMD) scan for members without a DEXA (BMD) completed within the last 24 months of fracture and/ or initiate bone building medication for members it applies.
- Educate members on practical steps they can take to avoid fractures and adhere to their bone building regimen.
- Educate on how the member can prevent a fracture if they are below the age of 65, yet still present with risk factors.

Appropriate testing or treatment for osteoporosis after the fracture defined by any of the following criteria:

- A BMD test in any setting, on the date of fracture or in the 180-day period after the fracture event.
- If the fracture event was an inpatient stay, a BMD test during the inpatient stay.
- Osteoporosis therapy on the date of fracture or in the 180-day period after the date of fracture.
- If the fracture event was an inpatient stay, long-acting osteoporosis therapy during the inpatient stay.
- A dispensed prescription to treat osteoporosis on the date of fracture or in the 180-day period after the fracture event.



Coding and Documentation Tips

Exclusions:

- Members who had a BMD test during the 730 days (24 months) prior to the fracture.
- Members who had a claim/encounter for osteoporosis therapy during 12 months prior to the fracture.
- Members who received a dispensed prescription or had an active prescription to treat osteoporosis during the 12 months prior to the fracture.
- Members in hospice or using hospice services anytime during the measurement year.
- Members who received palliative care during the intake period through the end of the measurement year.

Members may be excluded from this measure due to frailty and/or advanced illness codes. Click the following link to review master code list for exclusions: [Exclusion Codes](#)

If you have questions, please contact your provider relations specialist.