

## Be Fit Fitness Reimbursement Form

One of the advantages of membership in a FirstMedicare Direct Medicare Advantage plan is the Be Fit fitness benefit. This flexible benefit allows you to get paid back for a variety of fitness activities. You pay the facility or service provider directly, and we'll pay you back up to a yearly total of \$360.\*

### Reimbursement is easy.

Simply provide the following information, and your reimbursement will be processed in 30 – 45 days (plus mail time):

- Dated receipt(s) showing the charge and the name of the facility or service provider.
- This completed reimbursement form (available online at FirstMedicare.com).
- We must receive your fitness receipt(s) within 365 days of the date printed on the receipt for us to reimburse you.

*\*You can submit receipts for a combination of fitness activities and gym memberships. If your fees are more than \$360, you'll pay the difference. If they're less than \$360, we'll pay you back the amount you paid.*

### A. Member Information

Name \_\_\_\_\_

Member ID number \_\_\_\_\_

Phone \_\_\_\_\_

Mailing address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Email address (if applicable) \_\_\_\_\_

### B. Reimbursement Information

Total reimbursement amount you're requesting \$ \_\_\_\_\_

Date or dates these expenses cover \_\_\_\_\_

## C. How Be Fit Works

We pay you back for a variety of fitness activities. You choose how you want to work out, and we pay you back up to \$360 a year.

Activities include the following and more:

- Fitness class fees.
- Gym memberships.
- Online fitness subscriptions.
- Weight loss subscriptions.
- Ski memberships.
- Rowing.
- Golf.
- Bowling.
- Tennis.
- Pickleball.
- Recreational league fees.
- Pool exercise classes.
- 5K/10K race fees.

*Note: You may also have access to any FirstHealth Fitness location at no extra cost, in addition to this benefit. Check your plan materials.*

Be Fit doesn't cover fitness trackers or personal equipment.

You can submit your receipt(s) and reimbursement form by mail, fax, email on a monthly, quarterly or yearly basis.

You may also submit receipts for Phase III cardiac rehab visits once medical benefits have been exhausted (these cardio/pulmonary facilities don't have to be in network).

If your receipt reflects a family membership or multiple fitness fees and totals \$360 or more, we'll reimburse you the \$360, unless it's clear which portion of the charge is for you. In that case, we'll reimburse you for that amount up to \$360.

Be Fit doesn't apply to your out-of-pocket maximum. Fitness facilities don't need to be in the service area.

## Questions?

If you have questions about Be Fit, call us at the number on the back of your id card, daily from 8 a.m. to 8 p.m. local time. Voicemail is used on holidays and weekends from April 1 to September 30.