

Child and Adolescent Well-Care Visits (WCV) Tip Sheet

Program Description

The percent of members 3 to 21 years of age who had at least one comprehensive well-care visit with a PCP or an OB/GYN practitioner during the measurement year.

Eligible Population

Commercial

Measure Source

- Claims & Chart Review.
- 1/1 12/31.

Quality Specifications

Report three age stratifications and total rate:

- 3-11 years.
- 12-17 years.
- 18-21 years.
- Total.

Report the stratifications by each listed race and ethnicity and total:

- Race: White, Black or African American, American Indian and Alaska Native, Asian, Native Hawaiian and Other Pacific Islander, some other race, two or more races, Asked but no Answer, Unknown & Total
- Ethnicity: Hispanic/Latino, Not Hispanic/Latino, Asked but no Answer, Unknown & Total

Coding and Documentation Tips

Members may be excluded from this measure if in hospice services anytime during the measurement year.

Coding Tips:

- New patient
 - Initial comprehensive preventive medicine evaluation and management of an individual including an age and gender appropriate history, examination, counseling/anticipatory guidance/risk factor reduction interventions, and the ordering of laboratory/diagnostic procedures, new patient:
 - 99382 early childhood (age 1 through 4 years).
 - 99383 late childhood (age 5 through 11 years).
 - 99384 adolescent (age 12 through 17 years).
 - 99385 18-39 years.



Established patient

- Periodic comprehensive preventive medicine reevaluation and management of an individual including an age and gender appropriate history, examination, counseling/anticipatory guidance/risk factor reduction interventions, and the ordering of laboratory/diagnostic procedures, established patient;
 - 99392- early childhood (age 1 through 4 years).
 - 99393- late childhood (age 5 through 11 years).
 - 99394- adolescent (age 12 through 17 years).
 - 99395-18-39 years.

Diagnosis:

- Z00.121- Encounter for routine child health examination with abnormal findings
- Z00.129- Encounter for routine child health examination without abnormal findings
- Z02.5- Encounter for examination for participation in sport

Documentation Tips for WCC (not required to meet WCV compliance):

- BMI and Counseling for nutrition and physical activity are also reported.
- BMI Percentile
 - o Documentation must include height, weight, and BMI percentile.
 - o BMI percentile can be documented as value (e.g. 85th percentile) or plotted on an agegrowth chart.
- Counseling for Nutrition.
 - Documentation must include a note indicating the date and at least one of the following.
 - Discussion of current nutrition behaviors like eating habits and diet behaviors.
 - Checklist indicating nutrition was addressed.
 - Counseling or referral to nutrition education.
 - Member received nutritional materials during face-to-face visit.
 - Anticipatory guidance for nutrition.
 - Weight or obesity counseling.
- Counseling for Physical Activity
 - Documentation must include a note indicating the date and at least one of the following.
 - Discussion of current activity behaviors like sports or exercise routine.
 - Checklist indicating physical activity was addressed.
 - Counseling or referral to physical activity education.
 - Member received educational materials on physical activity during face-to-face visit
 - Anticipatory guidance specific to the child's physical activity.
 - Weight or obesity counseling.



Strategies for Success

- Encourage patients to have annual well-care visits.
- Discuss and encourage patients to make healthy choices like exercising and healthy eating (not required for WCV compliance).
- Discuss the importance of healthy weight and how BMI is calculated (not required for WCV compliance).
- Encourage them to visit <u>Hally.com</u>, under the get care section, to find a brochure about Child/Adolescent wellness.

If you have any questions, please contact your Provider Relations Specialist.