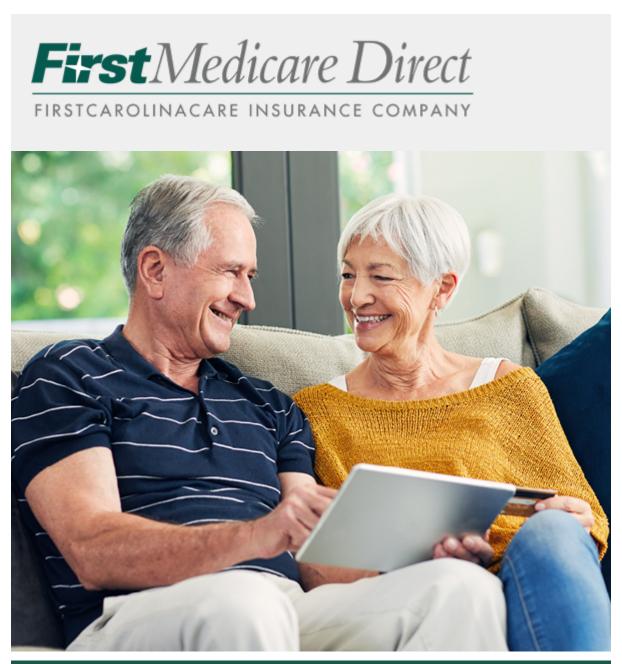
Heather.Roark

FirstMedicare Direct <reply@email.healthalliance.org>

Sent: Tuesday, February 1, 2022 4:47 PM

To: Heather.Roark

Subject: [Test]: Make the most of your benefits in 2022.



Dental, Vision, Hearing and More

We want to help you kick off the new year in a healthy way – using the extra benefits that come with your plan. Here are some of the many ways your plan can help you with your health, especially when it comes to dental, vision and hearing. Plus, get a COVID-19 update about antiviral medications.

Dental and Vision Benefits

Make sure to take advantage of these exciting perks in 2022:

- Dental: Get covered preventive dental services, including two cleanings per year, two oral exams and one annual X-ray visit, for a \$0 copay.
 You also may have chosen a buy-up option from Delta Dental that provides access to expanded dental care. See your plan materials for details.
- Vision: Get access to vision services beyond what Original Medicare covers, including a routine vision exam with an in-network provider.
 Plus, get a \$130 allowance for eyewear at the provider of your choice.
 There's no provider network for eyewear.

We can reimburse you, or your provider can submit a claim to us. If you're submitting the claim yourself, send your receipt to us in one of three ways:

- Mail it to the claims address on the back of your ID card.
- Email us at MemberServices@FirstCarolinaCare.com.
- Fax it to (217) 902-9725.

The receipt must include the name, address and tax ID of the provider, plus the Current Procedural Terminology (CPT) codes and diagnosis codes. Please allow up to 30 days after you send us your receipt for claims processing and an additional seven to 10 business days to receive your reimbursement by mail.

Hearing Benefit

If you have problems hearing conversations or other noises, it's time to use the hearing benefit that comes with your plan. Through TruHearing®, you can get one routine hearing exam for a \$45 copay when you see a TruHearing provider and lowered rates on up to two TruHearing hearing aids per year.

Make 2022 the year you take the step toward better hearing. Learn more about your <u>TruHearing benefit</u>.

COVID-19 Update: Oral Antiviral Medications

The U.S. Food and Drug Administration issued an emergency use authorization for two oral antiviral medications that treat COVID-19. Paxlovid is for people 12 and older, and molnupiravir is for people 18 and older. Both are available by prescription only. Your plan will cover up to two treatment courses per year – at no extra cost to you.

Thank you for your membership. We look forward to serving you throughout 2022. If you have questions, call us at the Member Services number on the back of your ID card.

FirstCarolinaCare Insurance Company's FirstMedicare Direct plans are HMO and PPO plans with a Medicare contract. Enrollment in a FirstMedicare Direct plan depends on contract renewal.

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